

Troop 1128 Backpacking Equipment List

Equipment to have on person:

*Note: all clothing needs to be non cotton

Boots: Sturdy, preferably waterproof hiking boots. Should be broken in before a trip.

Sun Hat: To protect oneself from sunburn. Can be a baseball hat or a fully brimmed hat.

Sunglasses: Helps one see in brightness of day, easier to read maps and carry out campsite jobs.

Watch: Used for keeping track of time and making sure everything is going according to schedule.

Convertible Pants: Zip off pants that can be used in both warm and cool climates.

Long Sleeve Button-Up Shirt: An extra layer for cooler climates, also protects from bug bites and sunburn.

T-Shirt: First layer of warmth.

Bandana: The only piece of backpacking gear that is allowed to be cotton. Bandanas can be used in first aid situations as well as to keep oneself cool.

Socks: Hiking socks provide cushioning for hiking long distances. Real hiking socks will wick sweat more than regular cotton.

Underwear: Prevents chafing and is the first layer of warmth.

Knife: Used to fix things if needed, can be used in medical situations. Can be single bladed or multitool.

*Note: All blades must be less than 3 inches long, in accordance with the Troop's rule.

Compass: Essential for orienteering and backpacking, a good backpacking compass is lightweight with a straight edge.

Lip Balm: Retains moisture in lips to prevent chapping.

*Note: Most lip balms are a smellable and must go up in bear bags

Hand Sanitizer: Small bottle of hand sanitizer in case of first aid emergencies or bathroom breaks.

***Note:** Hand sanitizer is also part of crew gear so a personal sized bottle will do for scouts.

Equipment to have in pack:

Backpack: A pack needs to be large enough for both a scouts gear and crew gear, around a 60-70 litre pack will suffice.

Pack Cover: Used to protect pack and other gear when it rains, must be the right sized cover for any particular pack.

Water Bottles (for 2 litres): Carrying two litres of water allows for one bottle to hold gatorade or powerade and become a smellable.

Sleeping Bag: Essential for any camping, a scout should have a sleeping bag rated to the degree that they could find themselves camping in.

Sleeping Bag Compression Sack: Compresses sleeping bag to a manageable size.

Sleeping Pad: Keeps a scout off the cold ground at night.

***Note:** The minimum safe length for sleeping pads is from a scouts shoulders to their knees.

Sit Pad: Used for both comfort and safety, if and when a thunderstorm rolls in, it's important to have a sitpad to mitigate electrocution.

***Note:** Sleeping pad may not double as a sit pad.

Rain Jacket and Pants: Both are absolutely required for any kind of camping, protects scouts from rain, and can double as another layer of insulation.

***Note:** No ponchos are allowed during the Troop's backpacking trips, no exceptions.

Shorts: Separate from convertible pants, may not always be used, but not having an extra pair of shorts is a safety hazard.

Spare T-Shirt: Again, safety hazard not to have an extra article of clothing.

Spare Socks: A scout should have two pairs of extra socks for a total of three pairs of socks. Two pairs can be rotated throughout an outing, the third being an emergency pair or a sleep pair.

Spare Underwear: Like socks, have three pairs of underwear, two for hiking, with a third for emergencies and sleeping.

Sleep Shorts: Can either be third pair of underwear or a third pair of shorts, separate from convertible pants and a pair of shorts.

Sleep Shirt: A tighter fitting long sleeve shirt will work, or a t-shirt not used for hiking can also be used.

Long Sleeve Fleece: A heavier and warmer final layer for mornings and cold weather hiking.

Warm Hat and Gloves: Keeps heat in fingertips, ears, and head, useful for warmer weather trips as well as cold ones.

Clothes Stuff Sack: Similar to a sleeping bag compression sack, but for extra clothes. Waterproof stuff sacks will protect ones belongings better.

Camp Shoes: Shoes to wear around camp to get out of hiking boots. Dirty sneakers can work, must be closed toed.

***Note:** If a scout gets the correct type of shoes, they can double as both camp shoes and water crossing shoes.

Bowl with Lid and Spoon: Scouts need bowls to eat their dinner and Philmont clean, which is why a lid is needed. Any type of foldable bowl works well for Philmont cleaning, but a chinese takeout container will work as well.

***Note:** A full mess kit is not needed, one bowl and spoon/spork will work.

Headlamp: Headlamps are used instead of handheld flashlights so that scouts may utilize both hands while still having light to cook and clean.

***Note:** For a shorter 2-3 day trip, extra batteries are not needed, however, make sure the headlamp has new batteries in the day before the trip.

Lighter: Mostly used to start fires, but can also be used for fusing rope and lighting the camp stove.

First Aid Kit: Used for minor first aid issues, should include band-aids, antiseptic wipes, and moleskin.

***Note:** The adults in the crew will carry the crew First Aid Kit, so only a small personal first aid kit is needed, but it must include any Personal Medications a scout may need.

Toothbrush: Used for brushing teeth after meals.

***Note:** Toothpaste is a part of the crew gear, so scouts do not need to carry toothpaste.

Toilet Paper: A small amount of personal toilet paper used for emergencies.

***Note:** As with toothpaste, toilet paper is crew gear so only small personal amounts are needed.

Towel: Used to clean dew off of tent before storing, as well as in first aid situations.

Repair Kit: In case any part of a scouts gear is broken, the repair kit should be able to fix it. A repair kit must at least a spare hip belt buckle. Zip ties and duct tape are also good to have in a repair kit, as well as small patches for a sleeping pad.

Personal Smellables Bag: A smaller stuff sack for a scouts smellables, to be put up in bear bags overnight.

Tent: Backpacking tent maximum size is a three person tent. Parts are separated between tent partners, so separate bags will be needed.

***Note:** If a Scout forgets a tent, an adult will have to sleep under the dining fly for safety reasons. Ergo, make sure you and your tent partner have a tent.

1. Bag for tent
2. Bag for rain fly
3. Bag for ground sheet
4. Tent pole bag
5. Stakes bag

List Compiled By: Gabe Hindley

Troop 1128 Backpacking Check off list			
What to have on person		What to have in pack	
Boots		Backpack	
Sun Hat		Pack Cover	
Sunglasses		Water Bottle (for 2 litres)	
Watch		Sleeping Bag	
Convertible Pants		Sleeping Bag Compression Sack	
Long Sleeve Button-Up Shirt		Sleeping Pad	
T-Shirt		Sit Pad	
Bandana		Rain Jacket and Pants	
Socks		Shorts	
Underwear		Spare T-Shirt	
Knife		Spare Socks	
Compass		Spare Underwear	
Lip Balm		Sleep Shorts	
Hand Sanitizer		Sleep Shirt	

Long Sleeve Fleece	
Warm Hat and Gloves	
Clothes Stuff Sacks	

Camp Shoes	
Bowl w/ lid and spoon	
Headlamp	
Lighter	
First Aid Kit	
Toothbrush	
Toilet Paper	
Towel	
Repair Kit	
Personal Smellables Kit	
Tent	