

## Troop 1128 Backpacking Equipment List

**Take everything on the list. Take nothing that is not on the list. NO COTTON CLOTHING!!!**

What I wear		What I pack	
	Boots		COVID PPE
	Sun Hat		Tent - (suitable for backpacking)
	Sunglasses		Backpack
	Watch		Pack Cover
	Convertible Pants		Water Bottles
	Long Sleeve Button-Up Shirt		Sleeping Bag
	T-Shirt		Sleeping Bag Compression Sack
	Underwear		Sleeping Pad
	Socks		Sit Pad
	Bandana / Buff		Rain Jacket
	Knife		Rain Pants
	Compass		Shorts
	Lip Balm		Spare T-Shirt
	Hand Sanitizer		Two (2) Pair socks
			Two (2) Pair underwear
			Long Underwear top
			Long Underwear bottom
			Fleece / Down Puffy Jacket
			Warm Hat
			Warm Gloves
			Clothes Stuff Sack(s)
			Camp / Water Shoes (closed toe)
			Bowl w/lid
			Spoon
			Headlamp
			Lighter
			First Aid Kit
			Personal Medications
			Toothbrush
			Towel
			Wilderness Wash
			Toilet Paper
			Repair Kit
			Personal "Smellables" Bag

## What I wear:

**\*Note: all clothing must be non-cotton to help prevent hypothermia.**

**Boots:** Sturdy, preferably waterproof hiking boots. Should be broken in before a trip.

**Sun Hat:** To protect oneself from sunburn. Can be a baseball cap or a fully brimmed hat.

**Sunglasses:** Helps in brightness of day, easier to read maps and carry out campsite jobs.

**Watch:** Alarm recommended; Make sure everything is going according to schedule

**Convertible Pants:** Zip off pants that can be used in both warm and cool climates.

**Long-Sleeve Button-Up Shirt:** Extra layer for cooler climates, also protects from bug bites and sunburn.

**T-Shirt:** First layer of warmth.

**Bandana/Buff:** Used to keep cool, serves as a washcloth, hot potholder, can be used in first aid situations. Only item that can be cotton.

**Socks:** Wool/synthetic hiking socks provide cushioning, wick sweat, and reduce smell.

**Underwear:** Prevents chafing and is the first layer of warmth.

**Knife:** Essential tool, not a toy. Blades must be 3 inches or shorter, per Troop rules. Can be single bladed or multitool. Used to fix things if needed, can be used in medical situations.

**Compass:** Essential for orienteering and backpacking, a good backpacking compass is lightweight with a straight edge.

**Lip Balm:** Moisturizing balm with SPF 25+.

**\*Note: Most lip balms are a smellable and must go up in bear bags**

**Hand Sanitizer:** Small bottle in case of first aid emergencies or bathroom breaks. Hand sanitizer is also part of crew gear so a personal sized bottle will do for scouts.

## What I pack:

**COVID PPE:** two pair of disposable gloves, five individual disinfectant wipes per night and one extra facial covering.

**Tent:** Maximum size is a three-person tent. Parts may be separated between tent partners to distribute weight as follows:

1. Bag for tent
2. Bag for rain fly
3. Bag for ground sheet
4. Tent pole bag
5. Stakes bag

**Backpack:** 60-75L capacity; Large enough for both personal and crew gear

**Pack Cover:** Used to protect pack and gear when it rains; must cover a full pack.

**Water Bottles:** Bring capacity for 3-liters, buy only fill 2 to start. No bladder-style containers as they are difficult to purify in the backcountry

**\*Note: Bottle with non-water (e.g., Gatorade) are smellables and must go in the bear bags.**

**Sleeping Bag:** Rated to 25-degrees, ideally under 4lbs. Essential for any camping / backpacking activity

**Sleeping Bag Compression Sack:** Compresses sleeping bag to a manageable size.

**Sleeping Pad:** Keeps a scout off the cold ground at night.

**\*Note: The minimum length to help prevent hypothermia is from a Scout's shoulders to their knees.**

**Sit Pad:** Used for both comfort and safety; during a thunderstorm, it's important to have a sit pad to mitigate electrocution.

**\*Note: Sleeping pad may NOT double as a sit pad.**

**Rain Jacket and Pants:** Waterproof and with a hood. Both are required for any kind of camping, protects scouts from rain and can double as another layer of insulation.

**\*Note: No ponchos are allowed.**

**Shorts:** Separate from convertible pants. Used in rotation w/ convertible pants, provides extra warmth.

**Spare T-Shirt:** Again, safety hazard not to have an extra article of clothing.

**Spare Socks:** Two (2) pairs of extra socks for a total of three (3) pairs - Two pairs can be rotated throughout an outing, the third for sleeping or in emergency.

**Spare Underwear:** Two (2) pairs of extra underwear for a total of three (3) total pairs of underwear - two for hiking, with a third for emergencies and sleeping.

**Long Underwear top:** mid-weight, synthetic or wool. Used for cold mornings or evenings and as extra warmth while sleeping. Mountain/backcountry weather is unpredictable.

**Long Underwear bottom:** mid-weight, synthetic or wool. Used for cold mornings or evenings and as extra warmth while sleeping. Mountain/backcountry weather is unpredictable.

**Long Sleeve Fleece:** A heavier and warmer final layer for mornings and cold weather hiking.

**Warm Hat and Gloves:** Keeps heat in fingertips, ears, and head; Useful in warm and cold weather.

**Clothes Stuff Sack:** Similar to a sleeping bag compression sack, but for extra clothes. Waterproof stuff sacks will protect belongings better.

**Camp Shoes:** Lightweight, closed-toe shoes; Used in camp, water crossing, etc., to wear around camp to get out of hiking boots. Crocks, old sneakers can work.

**Bowl with Lid and Spoon:** Scouts need bowls to eat their dinner and then Philmont clean, which is why a lid is needed. Any type of foldable bowl works well.

**\*Note: A full mess kit is not needed nor recommended.**

**Headlamp:** Headlamps are used instead of handheld flashlights so that scouts may utilize both hands while still having light to cook and clean.

**\*Note: For a shorter 2-3 day trip, extra batteries are not needed, however, make sure the headlamp has new batteries in the day before the trip.**

**Lighter:** Used to start fires, fusing rope and lighting the camp stove.

**First Aid Kit:** Used for minor first aid issues, should include band-aids, antiseptic wipes, and moleskin. The Crew will carry a complete First Aid Kit, so only a small personal first aid kit is needed.

**\*Note: Must include any Personal Medications a scout may need.**

**Toothbrush:** Used for brushing teeth after meals. Toothpaste is a part of the crew gear, so scouts do not need to carry toothpaste.

**Toilet Paper:** A small amount of personal toilet paper used for emergencies. Toilet paper is crew gear so only small personal amounts are needed.

**Towel:** Used for hygiene, to wipe dew off of tent before storing, as well as in first aid situations.

**Repair Kit:** In case any part of a Scout's gear is broken, the repair kit should be able to fix it. A repair kit must at least a spare hip belt buckle. Zip ties and duct tape are also good to have in a repair kit, as well as small patches for a sleeping pad.

**Personal Smellables Bag:** A smaller stuff sack for a scouts smellables, to be put up in bear bags overnight.